



Blue Hubbard Squash Facts!



Hubbard squash can taste sweet like pumpkin or savory like potatoes.

Some Hubbard squash grow to 50+ pounds—as heavy as a 4th grader!



They can be blue, green, or orange depending on the variety.

Hubbard squash grows right here in Pennsylvania.



Their tough shell keeps them fresh for months as a winter squash.

People have been growing Hubbard squash for thousands of years.



A serving gives you Vitamin A for strong eyes and fiber for a healthy stomach.



Their thick skin protects the sweet inside—perfect for roasting!



The squash was named after a woman in the 1800s named Mrs. Hubbard.

Hubbard squash gives slow-burning energy to fuel your day.

