

Dover Area School District			September 2024		
Breakfast & Lunch Menu for Dover Middle School			1% White Milk & Chocolate Milk are available daily.		
  Kelly Renard, SNS School Nutrition Director <a href="mailto:krenard@doversd.org">krenard@doversd.org</a> 717-292-3671 x80204 Dover Eagles School Nutrition	<b>Meal Prices:</b> Student Breakfast - FREE Adult Breakfast - \$2.85 Full Pay Student Lunch - \$2.95 (Secondary) Free & Reduced Approved Lunch - FREE Adult Lunch - \$4.65		 PENNSYLVANIA <b>FARM TO SCHOOL</b> NETWORK	 <b>SCHOOL NUTRITION ASSOCIATION</b> Feeding Bodies. Fueling Minds.™	 <b>PA Preferred.</b>
<b>September 2</b>	<b>September 3</b>	<b>September 4</b>	<b>September 5</b>	<b>September 6</b>	
 <b>LABOR DAY</b>	Cereal Peach Cup Apple Slices ----- Corn Dog Emoji Fries Mixed Vegetables Diced Pears	Chocolate Chip Muffin Applesauce Orange Wedges ----- Chicken Nuggets w/Soft Pretzel Buttery Peas Baby Carrots w/Dip Diced Peaches	Mini Pancakes Strawberry Cup Apple Slices ----- Ham & Cheese on Pretzel Roll Scalloped Potatoes Broccoli & Cauliflower Watermelon Wedge	Benefit Breakfast Bar Pear Cups Fresh Nectarine ----- Cheese Pizza Slice Mini Garden Salad Chocolate Hummus Graham Snacks Cool Tropics Fruit Slushie	
<b>September 9</b>	<b>September 10</b>	<b>September 11</b>	<b>September 12</b>	<b>September 13</b>	
Cereal Apple Sauce Craisins or Raisins ----- Cheese Burger on Bun Seasoned Potato Wedges Peas & Carrots Fresh Apple Slices	Mini Cinni Rolls 100% Juice Clementines/Oranges ----- Beefy Walking Taco w/fixins Fiesta Beans Fire Roasted Corn Seasonal Fresh Fruit Cinnamon Churro	Benefit Bar Pears Apple Slices ----- Chicken Pot Pie Funnel Cake Baby Carrots w/Dip Orange Wedges	Whole Grain Muffin Banana Peaches ----- Meatball Sub Mini Spinach Salad Roasted Chickpeas Rosy Pears	Ham & Cheese Calzone Tri Tators Orange Juice Assorted Fruit ----- Pizza Boli Buttery Green Beans Mini Caesar Salad Fresh Kiwi	
<b>September 16</b>	<b>September 17</b>	<b>September 18</b>	<b>September 19</b>	<b>September 20</b>	
Cereal Apple Sauce Craisins or Raisins ----- Chicken Tenders w/Mini Seasoned Curly Fries Succatash Diced Apple Cups	Strawberry Bagler 100% Juice Clementines/Oranges ----- Pizza Burger on Bun Mini Potato Cakes Baby Carrots w/Dip Boujee Fruit Salad	Bosco Stick Pears Apple Slices ----- Chicken Alfredo Garlic Knot Roasted Broccoli Mini Ceasar Salad Fruited Gelatin	Egg & Cheese Omelett Banana Peaches ----- French Toast Sausage Links Hash Brown Potatoes Orange Juice Fresh Fruit Assortment	Chicken Slider on Biscuit Tri Tators Orange Juice Assorted Fruit ----- French Bread Pizza Roasted Sweet Potatoes Cucumber Slices/Dip Blueberries	
<b>September 23</b>	<b>September 24</b>	<b>September 25</b>	<b>September 26</b>	<b>September 27</b>	
Cereal Apple Sauce Craisins or Raisins ----- Chicken Patty on Roll Cowboy Baked Beans Seasoned Green Beans Tropical Fruit Salad	Whole Grain Donut 100% Juice Clementines/Oranges ----- Shrimp Poppers Corn Muffin Mini Spinach Salad French Fries Mixed Berry Cup Chocolate Pudding	<b>EARLY DISMISSAL</b> Chocolate Chip Waffles Pears Apple Slices ----- Turkey & Cheese Sub PBJ Salty Snack Veggie Pack w/Dip Diced Apples Juice Box	Whole Grain Muffin Banana Peaches ----- Toasted Cheese Sandwich Cream Tomato Bisque Goldfish Crackers Roasted Broccoli Diced Pears	Egg & Cheese on English Tri Tators Orange Juice Assorted Fruit ----- Bosco's Sticks w/Marinara Chocolate Hummus Graham Snacks Buttery Peas Apple Slices w/PB	
<b>September 30</b>				<b>What Makes a Lunch?</b> Select 3-5 Components  One must be a 	
Cereal Apple Sauce Craisins or Raisins ----- Fish Sticks w/Mini Pretzel Red Skinned Potatoes Baby Carrots w/Dip Clementine	<b>schoolcafe</b> <b>APPLY FOR FREE &amp; REDUCED MEALS</b> Applying for free and reduced meal benefits has never been easier! Apply, submit, and track your application status from start to finish. <a href="https://www.schoolcafe.com">Apply online today at schoolcafe.com</a> <b>Applications must be completed every year. This year's grace period ends Oct 1.</b>				
Daily Deli Options Offered Each Week					
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	
Turkey & Cheese Sub ----- Italian Sub Layered Veggie Salad w/Egg & Cheese Chicken Caesar Salad Blueberry Parfait	Chicken Salad on Croissant ----- Ham & Cheese Sub Chef Salad Turkey Bacon Salad Smoothie	Sweet Bologna & Cheese Sandwich ----- Tuna Salad on Croissant Beef Taco Salad Grilled Chicken Salad Strawberry Parfait	Egg Salad on Croissant ----- Turkey & Cheese Flatbread Asian Chicken Salad Spinach Salad w/Egg Apple Pie Parfait	Ham & Cheese Sub ----- PBJ Uncrustable Dijon Chicken Salad Kale & Apple Salad w/Sunflower Seeds Smoothie	
<i>Menu subject to change without notice. We are an equal opportunity provider and employer.</i>					