

Dover Area School District			March 2025		
Breakfast & Lunch Menu for Dover Middle School			1% White Milk & Chocolate Milk are available daily.		
	<p>Kelly Renard, SNS School Nutrition Director krenard@doversd.org 717-292-3671 x80204</p> <p> Dover Eagles School Nutrition</p>	<p>Meal Prices: Student Breakfast - FREE Adult Breakfast - \$2.85 Full Pay Student Lunch - \$2.85 (Elementary) Free & Reduced Approved Lunch - FREE Adult Lunch - \$4.65</p>			
Celebrating National Nutrition Month with Healthy Options and Rainbow of Fruits & Vegetables!					
		<p>Warm Up Wednesdays Continues in March!</p> <p><i>Each Wednesday we will be featuring a cup of warm and nutritious homemade soups for you to enjoy for lunch!</i></p>			
March 3	March 4	March 5	March 6	March 7	
<p>Cereal Apple Sauce Craisins or Raisins</p> <hr/> <p>All Beef Hot Dog on Bun Baked Beans French Fries Apple Sauce</p>	<p>Whole Grain Cinnamon Roll 100% Juice Clementines/Oranges</p> <hr/> <p>Cheeseburger on Roll Onion Rings & Tater Tots Cowboy Salad Diced Pears</p>	<p>Warm Up Wednesday! French Toast w/Sausage Pears Apple Slices</p> <hr/> <p>Pizza Chicken Patty* on Bun Hearty Beef Vegetable Soup Celery Sticks w/Ranch Shamrock Frozen Juice Cup</p> <p><small>*chicken patty, red sauce, mozzarella</small></p>	<p>Mini Cheese Pizza Bagels Banana Peaches</p> <hr/> <p>Beef & Cheese Pupusa* Dippers <small>(Cheese sauce & Salsa for Dipping)</small> Buttery Corn Baby Carrots w/Dip Frosty Peach Cups</p> <p><small>*corn tortilla filled w/beef and cheese</small></p>	<p>Egg & Cheese Croissant Sandwich Hash Brown Assorted Fruit</p> <hr/> <p>Cheese Pizza Slice Seasoned Broccoli Mini Tossed Salad Apple Slices</p>	
March 10	March 11	March 12	March 13	March 14	
<p>Cereal Apple Sauce Craisins or Raisins</p> <hr/> <p>Chicken Patty on Roll Emoji Fries Mixed Vegetables Diced Pears</p>	<p>Mini Cinni Rolls 100% Juice Clementines/Oranges</p> <hr/> <p>Beefy Walking Taco w/fixins Fiesta Beans Buttery Corn Sweet Black Cherries</p>	<p>Warm Up Wednesday! Benefit Bar Pears Apple Slices</p> <hr/> <p>Chicken Snack Wrap Broccoli Cheddar Soup Buttery Cornbread or Crackers Baby Carrots w/Dip Apple Sauce Shamrock Cookie</p>	<p>Whole Grain Muffin Banana Peaches</p> <hr/> <p>Teriyaki Chicken & Egg Roll Fried Rice Asian Vegetables Pickled Cucumber Salad Orange Wedges Berry Crisp</p>	<p>Fresh from the Farm Friday Chicken Slider Biscuit Hash Brown Assorted Fruit</p>  <p>Cheesy Beef Smashburger on Bun <small>Lettuce/Tomato/Onion/Pickles</small> French Fries Buttery Green Beans Cherry Berry Cup <small>*Fresh Beef Burgers</small></p> 	
March 17	March 18	March 19	March 20	March 21	
<p>Cereal Apple Sauce Craisins or Raisins</p>  <hr/> <p>Chicken Tenders w/Soft Pretzel Mini Potato Pancakes Green Beans Clementines Cinnamon Apple Cup</p>	<p>Strawberry Bagler 100% Juice Clementines/Oranges</p> <hr/> <p>Beefy Nachos w/Cheese Sauce Fire Roasted Corn Zesty Bean Salad Lettuce, Tomato & Salsa Mixed Fruit Cup</p>	<p>Warm Up Wednesday! Bosco's Stick Pears Apple Slices</p> <hr/> <p>Grilled Cheese Sandwich Creamy Tomato Bisque/Crackers Celery Sticks w/PB Fresh Seasonal Fruit</p>	<p>Egg & Cheese Omelet Banana Peaches</p> <hr/> <p>Pulled Pork Sandwich Seasoned Potato Wedges Roasted Baby Carrots Fruited Jello</p>	<p>Egg & Cheese on English Muffin Hash Brown Assorted Fruit</p> <hr/> <p>Cheese Calzone Buttery Peas Baby Carrots w/Dip Frosty Strawberry Cup</p>	
March 24	March 25	March 26	March 27	March 28	
<p>Cereal Apple Sauce Craisins or Raisins</p> <hr/> <p>Irish Nachos <small>(Beef & Cheese Sauce over Lattice Fries)</small> Salsa Peas & Carrots Applesauce Cup</p>	<p>Whole Grain Donut 100% Juice Clementines/Oranges</p> <hr/> <p>Chicken Taco Kit w/fixins Cowboy Baked Beans Mixed Vegetables Diced Pears</p>	<p>Early Dismissal Poffits with Whip Maple Syrup Pears Apple Slices</p> <hr/> <p>Bagged Lunch Turkey & Cheese Sub PBJ Uncrustable Baby Carrots Celery Sticks Apple Slices</p> 	<p>Donut Dunker Sticks Banana Peaches</p> <hr/> <p>Salisbury Steak or Meatloaf w/Gravy* Baked Potato Buttery Corn Frosty Peach Cup</p> <p><small>*entrée will vary by school</small></p>	<p>Ham & Cheese Calzone Hash Brown Assorted Fruit</p> <hr/> <p>Pepperoni Pizza Round Mini Garden Salad California Blend Vegetables Diced Apples</p>	
Daily Deli Options Offered Each Week					
Monday	Tuesday	Wednesday	Thursday	Friday	
<p>Turkey & Cheese Sub Grilled Chicken Salad Blueberry Parfait</p>	<p>Ham & Cheese Sub Chef Salad Peach Parfait</p>	<p>PBJ Uncrustable Roast Turkey Salad Strawberry Parfait</p>	<p>Italian Sub Spinach Salad w/Egg Apple Parfait</p>	<p>Turkey Bacon Ranch Wrap Almost Vegetarian Salad w/Egg Mixed Fruit Parfait</p>	
<small>Menu subject to change without notice. We are an equal opportunity provider and employer.</small>					