
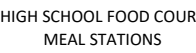








Dover Area School District			Winter Cycle Menu 2025		
 <p style="text-align: center;"><b>Lunch Cycle Menu for Dover High School</b></p>			<p style="text-align: center;">1% White Milk, Fat-Free Strawberry Milk and 1% Chocolate Milk are available daily for meals and à la carte.</p>		
 <p>HIGH SCHOOL FOOD COURT MEAL STATIONS</p>	<p>Kelly Renard, SNS School Nutrition Director <a href="mailto:krenard@doversd.org">krenard@doversd.org</a></p> <p> School Nutrition Facebook <a href="https://www.facebook.com/DoverEaglesSchoolNutrition">Dover Eagles School Nutrition</a></p>	<p>Our high school food court has 5 food stations where students may go to choose entrée options and select vegetable, grain and fruit side dishes each day for lunch. Most of these items are available to purchase at an à la carte price as well as available as part of the free meal option for this school year. <b>For the meal price, the student must select a minimum of 3 components with 1 being a fruit or vegetable.</b> Students may have a maximum of main entree plus 2 vegetables and 2 fruits as shown here in the pictures.</p> 	<p><b>Meal Prices:</b></p> <p><b>Breakfast - Free</b> Adult Breakfast - \$2.85</p> <p>Student Lunch - \$2.95 <b>Free &amp; Reduced Lunch - Free</b> Adult Lunch - \$4.65</p>	<p>À la Carte Options include Hershey's Ice Cream Swiss Premium Tea, Lemonade &amp; Tea Cooler Bottled Water and Juice Bagged Salty Snacks and Baked Goods</p> <p><i>All à la carte options are Smart Snack Compliant according to the District Wellness Policy</i></p>	
<p><b>Stealing food from the district food court is considered theft and will not be tolerated. All à la carte items must be paid for including bottled and canned beverages, snacks and second entree choices.</b></p>					
	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Line #1	Mac & Cheese Bar alternates weekly with Hot Dog Bar	Walking Taco Bar alternates weekly with Nacho Bar 	Popcorn Chicken Bowl	Build a Burger Bar	 Asian Food Bar Chicken, Beef, Vegetables, Sauces, Fried Rice, Lo Mein, Pot Stickers, Egg Rolls
Line #2	Breakfast for Lunch alternates weekly with Cheese Steak Bar	Walking Taco Bar alternates weekly with Nacho Bar 	Chicken Sandwiches Plain or Spicy	Build a Burger Bar	 Italian Food Bar Pasta w/Marianara or Alfredo, Ravioli & Cheese Lasagna
Sandwich Slide	Ham & Cheese Pretzel Grilled Cheese Chicken Nuggets/Roll	Bosco's Sticks Maxx Sticks	Corn Dogs Calzone Meatball Subs	Chicken Sandwiches Plain or Spicy	Chicken Bacon Ranch Shrimp Poppers
Pizza Line	Assorted Pizza	Assorted Pizza	Assorted Pizza	Assorted Pizza	Assorted Pizza
GRAINS, VEGETABLES & FRUITS	Baby Cakes Potatoes Stewed Tomatoes Fresh Fruit Fresh Vegetables/Salad Canned Fruits	Fiesta Beans Street Corn Fresh Fruit Fresh Vegetables/Salad Canned Fruits	Tater Tots Carrots Fresh Fruit Fresh Vegetables/Salad Canned Fruits	Baked Beans Emoji Fries Fresh Fruit Fresh Vegetables/Salad Canned Fruits	Asian Blend Vegetables Broccoli or Green Beans Fresh Fruit Fresh Vegetables/Salad Canned Fruits
GRAB & GO COLD ITEMS	Assorted Salads, Munchables, Sandwiches, Wraps and Subs, Yogurt & Fruit Parfaits	Assorted Salads, Munchables, Sandwiches, Wraps and Subs, Yogurt & Fruit Parfaits	Assorted Salads, Munchables, Sandwiches, Wraps and Subs, Yogurt & Fruit Parfaits	Assorted Salads, Munchables, Sandwiches, Wraps and Subs, Yogurt & Fruit Parfaits	Assorted Salads, Munchables, Sandwiches, Wraps and Subs, Yogurt & Fruit Parfaits
Made Your Way Line	Made to Order Salads & Deli Sandwiches  Fresh Fruit Smoothies	Made to Order Salads & Deli Sandwiches  Fresh Fruit Smoothies	Made to Order Salads & Deli Sandwiches  Fresh Fruit Smoothies	Made to Order Salads & Deli Sandwiches  Fresh Fruit Smoothies	Made to Order Salads & Deli Sandwiches  Fresh Fruit Smoothies