

High School Lunch Menu

Ice Cold Milk Daily: Low Fat and Fat Free Plain, Chocolate & Strawberry



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**Meal Prices**

Free & Reduced Lunch - Free  
Paid Lunches (HS) - \$2.95  
Adult Lunches - \$4.25

Please Take  
1 Protein and 2 Grains,  
2 Vegetables  
2 Fruits and Milk to Make a Meal!  
Minimum of 3 items with one being  
a Fruit or Vegetable.



*Welcome to Eagle's Landing Food Court. We are happy to serve you!*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>World Cuisine</b>	<b>Brunch for Lunch</b> French Toast, Pancakes, Waffles, Eggs, Sausage Tri Tators	<b>Latin Day</b> Alternating Nachos, Tacos Walking Tacos, Tamales Burritos, Empandas	<b>American Day</b> Popcorn Chicken Bowls Mashed Potatoes, Chicken Bites, Corn, Gravy and Topped with Cheddar	<b>Asian Day</b> Chicken or Beef, Teriyaki, General Tso, Tangerine, Stir Fry Veggies, Rice, Lo Mein Dumplings	<b>Italian Day</b> Meatsauce, Meatballs or Alfredo alternates with Ravioli
<b>Hot Spot</b>	<b>Brunch for Lunch</b> French Toast, Pancakes, Waffles, Eggs, Sausage Tri Tators	<b>Build Your Burger Bar</b> 100% Beef burgers with cheese, bacon, mushrooms, onions, lettuce, tomato, pickle Onion Rings	Chicken Filet Day alternates with Spicy Chicken Filet Day  Fries	<b>Top a Dog Bar</b> All beef hot dogs with chili, cheese sauce, kraut and diced onions  Tater Tots	<b>Baked Potato Bar</b> chili, cheese, broccoli, bacon, sour cream alternates with <b>Soup and Sandwich Day</b>
<b>Pizza</b>	Big Daddy's Cheese Wild Mike's Pepperoni Assorted Toppings	Big Daddy's Cheese Wild Mike's Pepperoni Assorted Toppings	White Out Wednesday Big Daddy's Cheese Assorted Toppings	Big Daddy's Cheese Wild Mike's Pepperoni Assorted Toppings	Big Daddy's Cheese Wild Mike's Pepperoni Assorted Toppings
<b>Grill</b>	Ranch Chicken Sandwich alternates with Ham & Cheese Pretzelwich	Bosco's Sticks w/Marinara alternates with Stromboli	Meatball Sub w/Mozzeralla alternates with Cheese Steak Sub	Wild Mike Poppers alternates with Chicken Nuggets	Fish & Cheese Filet on Bun alternates with Spicy Siracha Chicken
<b>Veggies &amp; Fruits</b>	Baby Carrots Broccoli Daily Side Salad Assorted Fresh Fruit	Celery Sticks Baked or Fiesta Beans Daily Side Salad Assorted Fresh Fruit	Cucumbers Corn or Carrots Daily Side Salad Assorted Fresh Fruit	Red Pepper Strips Stir Fried Vegetables Daily Side Salad Assorted Fresh Fruit	Assorted Fresh Veggies Peas or Green Beans Daily Side Salad Assorted Fresh Fruit
<b>Made Your Way Daily Soup</b>	Salad & Sandwich Bar Chicken Noodle	Salad & Sandwich Bar Vegetable Soup	Salad & Sandwich Bar Corn Chowder	Salad & Sandwich Bar Beef & Bean Chili	Omelette Bar Broccoli Cheese Soup
<b>Grab N Go</b>	Peach Parfait	A Variety of Pre Made Sandwich and Salad Meals available Daily. Just Grab One, Pick up your Milk and Go!			Apple Pie Parfait
		Strawberry Parfait PBJ Uncrustable	Blueberry Parfait	Pumpkin Parfait PBJ Uncrustable	