



3RD ANNUAL DOVER BASEBALL CAMP



DATES: JUNE 17 - JUNE 20
RAIN DATE: JUNE 21

COST: \$150

AGES 7-9
8:30 - 11:30 PM
8:15 Check-in

AGES 10-13
12:30- 3:30 PM
12:15 Check-in

Please sign your player up what their age now
The only exception is a player who is 6 turning 7 in 2024

CAMP DESCRIPTION

- Skills Development:** Led by experienced coaches, campers will receive top-notch instruction in all aspects of the game, including hitting, pitching, fielding, and base running. Through drills, practices, and personalized feedback, players will enhance their technique and understanding of the game.
- Fun and Fitness:** While improving baseball skills is our primary focus, we also prioritize fun and fitness. Campers will participate in various physical activities and games designed to enhance their agility, strength, and endurance, all while enjoying the camaraderie of fellow players.
- Scrimmages and Competitions:** Put your skills to the test in friendly scrimmages and competitions throughout the camp. These opportunities allow campers to apply what they've learned in a game-like setting, fostering healthy competition and sportsmanship.
- Individualized Attention:** We understand that every player is unique, so our coaches provide individualized attention to address specific strengths and areas for improvement. Whether it's refining a batting stance or perfecting a pitching motion, our coaches are dedicated to helping each player reach their full potential.

What to Bring:

Glove, Bat, Cleats, **Water Bottle, Snack**, Protective Cup

Camp Timeline

Ages 7-9	Ages 10-13
8:30 - 10:30 On the field	12:30 - 2:30 On the field
10:30 - 11:30 in the Aux Gym	2:30 - 3:30 in the Aux Gym

Daily Activities

MON

- Stretching 101
- Throwing 101
- INF/OF Drills
- Baserunning
- Hitting

TUES

- Stretching 101
- Throwing 101
- Cut Offs
- Baserunning
- Hitting

WED

- Stretching 101
- Throwing 101
- Pitching
- Catching
- Baserunning
- Hitting

THUR

- Stretching 101
- Throwing 101
- Skills Competitions
- Scrimmages

[CLICK HERE](#)

To sign up with Sign-Up Genius