2019 Summer Open Practices

**Boys Basketball (Grades 9-12)** – High School Gym: Wednesdays 7:30-9:30 PM and Sundays 7-9 PM

**JH Boys Basketball (Grades 7/8)** – Intermediate School Gym: Wednesdays 6:00 – 8:00 PM

**Girls Basketball (Grades 9-12)** – High School Gym: Thursdays 7:30 – 9:30 PM and Sundays 1:00 – 3:00 PM

**JH Girls Basketball (Grades 7/8)** – Intermediate School Gym: Tuesdays and Thursdays 6:30 -8:00 PM

**Field Hockey (Grades 7-12)** – High School Turf: Mondays 6:30-8:00 PM and Tuesdays 6:00-8:00 PM

**Sr. High Football** – High School Weight Room or Track: Mondays, Tuesdays, Thursdays 7:30-9:00 AM

**9th Grade Football** – High School Practice Field: 5:00 – 7:00 PM, June 17, 19, 24, 26; July 8, 10, 15, 17, 22, 24; August 5, 6, 7, 8, 9

**JH Football (Grades 7/8)** – High School Practice Field: Tuesdays and Thursdays 6:00-8:00 PM

**Boys Lacrosse (Grades 7-12)** – High School Turf: Wednesdays and Thursdays 7:00 - 8:30 PM

**Boys Soccer (Grades 9-12)** – High School Turf: Wednesdays 7:00 – 9:00 AM and Sundays 6:30 – 8:00 PM

**JH Boys Soccer (Grades 7/8)** - High School Turf: Wednesdays 7:00 – 9:00 AM & 5:00 – 7:00 PM, and Sundays 5:00-6:30 PM

**Girls Soccer (Grades 8-12)** – High School Turf: Tuesdays and Thursdays 8:00 - 10:00 AM

**Swimming/Diving (Grades 9-12)** – (June and July) High School Weight Room: Tuesdays and Thursdays 7:00 - 7:45 AM

**Girls Volleyball (Grades 9-12)** – High School Gym: Mondays 6:00 – 8:00 PM

**Wrestling (Grades 7-12)** – High School Auxiliary Gym: Mondays and Wednesdays 3:30 – 5:00 PM

***Starting the Week of June 10th the Main Gym, Auxiliary Gym, and Weight Room will not be available for use until the roofing project is completed. Please reach out to the coach for location changes or cancelations during this time frame.***