

2023 DASD Summer Open Practices

Starting the Week of June 5th (Unless Otherwise Stated Below)

Cross Country (Grades 7-12) – High School: Mondays and Wednesdays **7:30 – 9:00 AM** and Rail Trail locations on Saturdays

Field Hockey (Grades 7-12) – North Salem Elementary (back field): **6:00 – 8:00 PM** on 6/13 and 6/22, Middle School Stadium Turf: **6:00 – 8:00 PM** on 6/29 and 7/6, High School Turf **6:00 – 8:00 PM** on 7/20 and 7/27

Sr. High Football (Grades 9-12) – Middle School Practice Field/Weight Room Mondays, Tuesdays, Thursdays, and Fridays **7:30 – 9:30 AM**.

JH Football (Grades 7-8) – Middle School Lower Practice Field: Tuesdays and Thursdays **5:30 – 7:30 PM**

Girls' Soccer (Grades 9-12) – High School Turf: Tuesdays and Thursdays **7:00 – 9:00 AM** (On MS Turf for June due to HS Turf Maintenance)

Girls' Volleyball (Grades 9-12) – Middle School Stadium: Tuesdays **8:00 – 9:00 AM**, Middle School Gym: Wednesdays **6:00 – 8:00 PM**

Boys Basketball (Grades 9-12) – High School Gym: Mondays **6:00 – 8:00 PM**

Starting July 1st – MS Practice Field: Saturdays **10:00 AM – 12:00 PM**

Starting July 5th – High School Gym: Wednesdays **6:30 – 8:30 PM**

Girls' Basketball (Grades 9-12) – High School Gym: Thursdays **6:30 – 8:30 PM**

JH Girls' Basketball (Grades 7-8) – Middle School Gym: Tuesdays **5:30 – 7:00 PM**

Girls' Lacrosse (Grades 7-12) – *Starting July 5th* - High School Turf: Wednesdays **6:00 – 8:00 PM**

Boys' Volleyball (Grades 7-12) – High School Aux Gym: Thursdays from **7:00 – 9:00 PM**